



# L&H Homecare

**L&H Homecare is a vital support network that offers a range of services designed to enable people over 65 or adults with physical or mental health disabilities to live independently in their own homes in North-East Lincolnshire.**

Following a distressing fall and subsequently being hospitalised, Helen from Grimsby felt she needed assistance when she returned home with some of her household tasks.

“While I was in hospital a nurse informed me of L&H Homecare. At first I was a little apprehensive but after I contacted them I felt reassured as they were very friendly and understanding,” Helen said.

“L&H Homecare have been coming to me once a fortnight for the past two years and have helped me by dusting and vacuuming my stairs. They have been wonderful and have taken the pressure off my family”.

Tracey is Helen’s support worker, “I really enjoy helping people like Helen to stay in their own homes independently. It is so rewarding seeing the difference this makes to their lives.”

“I currently help Helen with her vacuuming and dusting but I can also assist with a wide range of other care services. Helen and I are planning a day out, walking to the park on my next visit”.



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Joyce is 90 and has lived in Grimsby her entire life. Subsequent to a number of infections Joyce had both of her legs amputated.

“I first heard about L&H Homecare at my local Age UK. I contacted them and was pleasantly surprised of the wide range of care services they were able to provide to enable me to live independently in my own home.”

“I have been using L&H Homecare for the past 2 years and they assist me with my shopping once a week.”

“I have a great relationship with my support worker, Tracey who picks me up at a time that suits my needs.”



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Muriel from Grimsby is an active and independent lady who loves to attend the cinema and socialise with friends. Muriel also has a holiday planned to visit her son in Spain shortly.

Following a knee replacement, Muriel felt she needed a little assistance with her cleaning and shopping.

“I contacted L&H Homecare in response to an advert in the Grimsby Telegraph two years ago and have used their services since. “ L&H Home Care are very genuine and caring people and I would recommend them to all my friends,” Muriel said.

“I have the same lady, Tracey who comes twice a week, so she knows where everything is and how I like things. It’s reassuring to know that I am allowed to have the same lady and familiar face every time”.



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Herbert is a bubbly and outgoing gentleman who enjoys fishing. He has lived in an L&H Homes property for the past 10 years but 4 years ago contacted L&H Homecare after starting to feel the strain of completing his household tasks.

Marion is Hubert's dedicated carer who visits once a week to clean his home. "It is a delight to be able to support Hubert and help him maintain an independent life. We have formed a true friendship."

Marion continues "I'm not just committed to cleaning Herbert's home, on some occasions we also enjoy taking days out and visiting the local ice cream parlour."

Herbert comments "It is comforting to know L&H Home Care provides consistency and I have the same carer each week. I couldn't ask for anyone better than Marion. She is very supportive and a dear friend who I can talk to about anything."